

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Wall, Berwyn Personal Care	No	Tel: 07484206240 Email: sarah@berwynpersonalcare.co.uk	Older peoplePeople with disabilities	 Personal care Medication prompting Support with meals Housework Shopping Appointments 	Llangollen
Katy Roberts, Private Carer	No	Tel: 07591970394 Email: <u>katyrobertspc@gmail.com</u>	Older peoplePeople with disabilities	 Personal care Support with meals Housework Shopping Appointments Companionship 	LlangollenLlandeglaBryneglwysLlanarmon-yn-lal

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Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)	No	Tel: 07894540356 Email: <u>checkinandchat00@gmail.com</u>	 Older people People with disabilities Bereaved people 	 Personal care (some) Telephone / face to face check in and chat Trips out Bereavement support Advocacy Companionship 	radius of Rhyl
Annie Healey, T&T Care Ltd	No	Tel: 07522 813532 Email: tandt_care_ltd@yahoo.com	Older peoplePeople with disabilities	 Personal care Support with meals Cleaning Respite care Shopping Medication prompting 	DenbighBodfari
Toni Morgan- Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com	People with dementiaOlder people	Live in carePersonal careRespite care	Across Denbighshire

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Christie Evans, Indigo Care	No	Tel: 07787757879 Email: <u>indigocare22@gmail.com</u>	Older peoplePeople with disabilities	Personal careHouseworkSupport with mealsTrips out	Ruthin and nearby villages
Kath Kirwin, Rural Homecare	No	Tel: 07985273002 Email: <u>kathkirwin@btinternet.com</u>	Older people	Personal careHouseworkShoppingAppointments	Prestatyn and nearby villages
Natalie Dawn Owen, Caring by Bee-ing Kind	No	Tel: 07393301010 Email: <u>beekind040@gmail.com</u>	Older peoplePeople with disabilities	Personal careHouseworkShoppingAppointmentsCompanionship	RhylPrestatynDyserth
Lisa, Care Mate	No	Tel: 07717873202 Email: <u>lisaloxbox@gmail.com</u>	Older people	 Personal care Housework Shopping Appointments Companionship Respite care 	• Ruthin

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Fiona Goward, Ethical Care	No	Tel: 07902580123 Email: <u>fionagoward88@gmail.com</u>	Older peoplePeople with disabilities	 Personal care Housework Shopping Appointments Companionship Trips out 	PrestatynRhyl
Stancia Dzongodza, Heart2Heart	No	Tel: 07760319216 Email: <u>linah38@outlook.com</u>	Older peoplePeople with disabilities	 Live in care Personal care Housework Shopping Appointments Companionship 	Across Denbighshire
Lorna Jones, LMJ Care & Support	No	Tel: 07795577826 Email: <u>lornaloopygirl42@gmail.com</u>	Older people	 Personal care (some) Housework Shopping Appointments Companionship Trips out 	Ruthin and nearby villages

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Julie Weller, Leading Light Salvation	No	Tel: 07391669006 Email: <u>leadinglight888@yahoo.com</u>	Older peoplePeople with disabilities	 Personal care (some) Housework Shopping Appointments Companionship Trips out 	• Rhyl
Amber Harrison, Follow Your True Path	No	Tel: 07904164844 Email: hello@followyourtruepath.com	Older peopleCarers of Older people	Support mental wellbeing through building self- confidence and independence	• Llangollen
Dani Whines, Community Foot Care	No	Tel: 07530221122 Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments	 Across Denbighshire
Tracey English, Toe-tal Foot Health	No	Tel: 07717569442 Email: <u>getracey65@gmail.com</u>	Adults with foot care needs	Foot care treatments	RuthinDenbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Edwards, Physiotherapy	No	Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk	Older people	 Assessment and treatment of falls (complex) Preventing falls Rehabilitation after surgery Stroke rehabilitation Caring for chronic chest conditions 	 Across Denbighshire
Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475 Email: <u>kaz.siglen@gmail.com</u>	Older people	 Housework Support with meals Shopping Appointments Trips out Support with correspondence 	RuthinDenbighSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Heather Fairs, Happy to Help	No	Tel: 07941915223 Email: <u>heather.fairs@sky.com</u>	Older peopleCarers of Older people	HouseworkCleaningShoppingErrandsCompanionshipGardening	• Rhyl
David Owen- Booth, HomeTech Wales	No	Tel: 07909225315 Email: <u>info@hometech.wales</u>	Older people	 Professional technology services Property maintenance DIY Bespoke design and joinery 	Within a 20 mile radius of Dyserth
Ruth Bell, Peace of Mind	Yes	Tel: 07872335676 Email: <u>harls118@aol.com</u>	Older people	Respite careCompanionshipShopping	RuthinDenbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Alison Doring, A1 Helping Hands	No	Tel: 07549149728 Email: doringalison01@googlEmail.com	Older peoplePeople with disabilities	 Personal care Housework Shopping Appointments Companionship Trips out 	Ruthin and nearby villages
Tanya Jones, Happy Home Care	No	Tel: 07551446390 Email: <u>happyhomecare30@gmail.com</u>	Older people	 Personal care Housework Companionship Shopping Support with meals 	• Ruthin
Rowena Lloyd- Thomas, The Caring Kind Home Help	No	Tel: 07887361021 Email: <u>thecaringkind2u@gmail.com</u>	Older people	HouseworkLaundryShoppingCompanionshipErrands	• Rhyl
Gale Ward, Gale's Home Help	No	Tel: 07553190377 Email: <u>gale2727@outlook.com</u>	Older people	HouseworkCleaningCookingShoppingRespite care	Prestatyn

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Jaques, An Easier Life	No	Tel: 07827924727 Email: aneasierlifewithjenny@outlook.com	Older people	HouseworkCleaningShoppingCompanionshipGardening	 Prestatyn
Emily, Artful Nature	No	Email: <u>artfulnaturenorthwales@gmail.com</u> Website: <u>Artful Nature</u>	Older peoplePeople with disabilities	Guided walksMovement and well-beingCreative artsYoga	Llangollen
Sian Cryer, Blue Orchid Care	No	Tel: 07526921956 Email: <u>blue-orchid-care@outlook.com</u>	Older peoplePeople with disabilities	 Personal care Housework Medication prompting Shopping Cleaning Support with meals 	Llangollen

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Hughes, Kind Hands	No	Tel: 07513057243 Email: kindhandsprivatecare@outlook.com	 Older people People with disabilities 	 Personal care Cleaning Support with meals Appointments Shopping Companionship Dog walking Short guided walks Trips out Hobbies 	PrestatynMelidenDyserth
Tracy Fletcher, ICare	No	Tel: 07732915713 Email: <u>nanny1962@icloud.com</u>	Older peoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship 	• Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sue Parry, Serene Support	No	Tel: 07818411094 Email: <u>Sue.parry@icloud.com</u>	Older peoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship 	St Asaph
Rebekah Woodcraft First Step Support	No	Tel: 07850217683	Older peoplePeople with disabilities	 Housework Cleaning Cooking Support with meals Trips out Shopping Companionship 	• Denbigh
Stephanie Wong Steph's Helping Hands	No	Tel: 07888653869	Older peoplePeople with disabilities	HouseworkShoppingTrips outCompanionshipCleaningCooking	• Rhyl

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Carol Thomas Care Companion	No	Tel: 07787842244 Email: ctcarolthomas1@gmail.com	Older peoplePeople with disabilities	HouseworkShoppingTrips outCompanionshipCleaningCooking	• Ruthin
Chloe Blunden KCR Care	No	Tel: 07805735803 Email: kcrcareltd@gmail.com	Older peoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship Gardening 	St AsaphTrefnant
Katy Walker CKJ Care	No	Tel: 07729000084 Email: <u>ckjcareltd1@gmail.com</u>	Older peoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship Dog walking 	St AsaphRhuddlan

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rob Jones Rob's Gardens	No	Tel: 07585707306 Email: Rob75robert@gmail.com	Older PeoplePeople with disabilities	GardeningDIY	Across Denbighshire
Jane Hughes Clwydian Care	Yes	Tel: 07944927099 Email: Ads931@btinternet.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Gardening 	St Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Andrew Nelson Nelson's Micro- Care	No	Tel: 07355689244 Email: andy@nelsonsmc.co.uk	 Older People People with disabilities Young People(aged 14 – 18years) 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Professional technology Services Personal care for young people 	• Prestatyn
L.E.A.H – Letting Everyone Access Help Leah Taylor	No	Tel: 07910060442 Email: leahntaylor@icloud.com	Older PeoplePeople with disabilities	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking 	Prestatyn

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Mandy's Homely Help Mandy Roberts	No	Tel: 07917318819 Email: mandyhomelyhelp@outlook.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Gardening 	St Asaph
Supportive Solutions Nicola Jooste	No	Tel: 07920054258 Email: nickywernbach@hotmail.co.uk	 Older People People with disabilities Young People(aged 14 – 18years) 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Personal care for young people 	St Asaph, Bodelwyddan and surrounding area

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	Older PeoplePeople with disabilitiesYounger People	Cleaning	DenbighBodfari
Mrs B's Home Help, Emily Boxall	No	Tel: 07380532958 Email: mrsbhomehelp@gmail.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Dog walking Gardening 	 Corwen Llandrillo and surrounding areas
Guardian Home Care, Dean Plant	No	Tel: 07748666426 Email: guardianhomecare23@yahoo.com	 Older People People with disabilities 	 Personal care Cleaning Support with meals Appointments Shopping Companionship Gardening DIY Cooking 	PrestatynRhylDyserthDenbigh

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
MKH Care, Mally Shonick	No	Tel: 07864385856 Email: <u>mkhhomecare23@yahoo.com</u>	Older PeoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship Cooking 	St AsaphDenbigh
Peter Greulich, Safe Harbour Services	No	Tel: 07776257447 Email: p.greulich944@gmail.com	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out 	• Denbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Natalie Shonick, Everyone Matters	No	Tel: 07542808569 Email: everyonematters23@yahoo.com	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out 	PrestatynDyserthRhyl
Joanne Dixon, Breakthrough Health & Wellbeing Solutions	No	Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co. uk	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out Personal Care 	Across Denbighshire

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM	 Older People People with disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out 	• Ruthin
Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086 Email: itive83@gmail.com	 Older People People with disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn area

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Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931 Email: <u>nerysj18@gmail.com</u>	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out Gardening 	• Denbigh
Laura Jones, Independence	No	Tel: 07816250613 Email: independenceprivatecare@gmail.com	 Older People People with disabilities 	 Hairdressing Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylPrestatyn and surrounding areas

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Shirley Taylor Private Care	No	Tel: 07873894277 Email: shirleytaylor0910@gmail.com	 Older People People with disabilities 	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	BodfariDenbighLlandyrnog
Melissa Clark Care by Mel	No	Tel: 07515644831 Email: <u>melissa.jane1975@hotmail.com</u>	 Older People People with disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylRuthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Evie Winley-Jones	No	Tel: 07399923954 Email: e.caringtouch@gmail.com	Older PeoplePeople with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Denbigh area
Nathan Jones, Your Time Support Services	Yes	Tel: 07552252438 Email: <u>nawrian@icloud.com</u>	Older PeoplePeople with Disabilities	 Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn area
Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736 Email: sarahcmorgan76@outlook.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out Gardening 	CorwenRuthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Catherine Jones,	No	Tel: 07842310935	Older People	Personal Care	Denbigh
Home Genie		Email: homegenie2024@outlook.com	People with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	• Ruthin

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