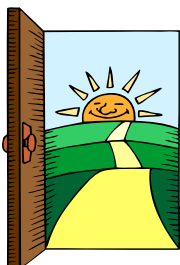


HAPPY NEW YEAR

Single Pathway Referral Route

The Single Pathway Referral Route was introduced in October 2011. Referrals for Supporting People support in Denbighshire now need to come through this route.



For more details please look on our website where you will find the guidance and the referral form.

<http://www.denbighshire.gov.uk/en-gb/DNAP-75QHHR>.

Please note that referrals need to be sent to the referral email and not to individual staff members email addresses.

The email address is supporting.people@denbighshire.gov.uk.

Voids

Providers please don't forget to tell Katie Owen Gant on a weekly basis about voids that may be upcoming in your projects. Please do this via the above email address.

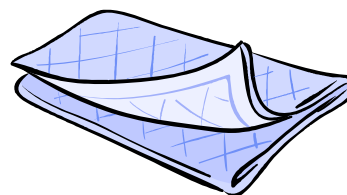
Provider Rep

The Supporting People Team would like to wish Wendy Hughes all the best in her new post and say thank you for her contributions to the provider forum and SP planning group.

We would also like to welcome Phil Williams from MIND who will be taking over from Wendy as the Provider Rep for Denbighshire Supporting People.

Blankets Appeal

Rhyl Night Shelter is appealing for blankets that can be given to Service Users who are unable to access the Night Shelter. If you have any blankets that you no longer need, please contact Liz Whittaker on 01745 361728.



Meet The Team

Daniel Deir



What is your job role? My role is called the Support and Accommodation Development Worker, I work with 16-25 year olds who are homeless or sofa surfing and I support them pre-tenancy before moving into Private Rented Accommodation or Supported Housing.

What projects have you been working on lately? The DVD 'Moving on Up' is now online. I have also been keeping up relationships with providers and social letting agents and working on new relationships with landlords.

If you could have a one to one paintball fight who would it be with and why? Chris Moyles. He can be funny (RARELY) but most of the time he over-uses jokes and gets on my nerves in the mornings haha :)

You're going to be castaway on a desert island for a month, you are allowed 3 items, what would you take? My laptop, hard-drive and a massive bed!!

Gordon or Marco and why? Jamie Oliver, because he's a bit funky and weird and his cockney phrases crack me up every time. The other two are kind of moody...

Guilty pleasure? I actually really enjoy making tea's and coffee for the team but I pretend to complain to throw them off scent...

What do you enjoy doing outside of work? I'm usually pretty busy after work on most days and weekends, I like playing lots of sports like Football, Rugby, Wheelchair basketball and badminton, often come in complaining of aches and bruises!! I play on my Xbox too!

Do you enjoy working in the supporting people team? I do, I find it interesting hearing about the commissioning and reviewing processes, as well as sharing an office with Katie Owen-Gant which is a pleasure in itself. I'm very lucky, she tells me that everyday...

Alzheimer's Society: Memory Café's



A memory café is a chance for people to get together socially in an informal environment. It is an opportunity for people to talk openly about their diagnosis and meet new friends. Carers can find out how to access the right information and support. There are guest speakers who talk on relevant issues about dementia and free refreshments are provided. People with dementia, their carers and families are all welcome to attend. For further information please contact Dawn Jones 01745 343026 or email dawn.jones@alzheimers.org.uk

<p>Rhyl – Glan Traeth Day Hospital 1.30pm – 3.30pm</p> <ul style="list-style-type: none"> • Fri 3rd Feb • Fri 2nd March • Fri 13th April 	<p>Prestatyn, Kings Hall, Kings Avenue 1.30 – 3.30pm</p> <ul style="list-style-type: none"> • Thurs 19th Jan • Thurs 16th Feb • Thurs 15th Mar • Thurs 19th April
<p>Ruthin Community Hospital 3pm – 4.30pm</p> <ul style="list-style-type: none"> • Tues 17th Jan • Tues 21st Feb • Tues 20th Mar • Tues 17th April 	<p>Llangollen, Hand Hotel, Bridge Street 10.30 – 12 noon</p> <ul style="list-style-type: none"> • Thurs 12th Jan • Thurs 9th Feb • Thurs 8th March • Thurs 12th April

Personal Assistants Wanted



The Rowan Organisation are appealing for Welsh Speaking personal assistants. To complete the PA registration form for Denbighshire or Conwy please call 0800 783 1755 or visit their website www.therowan.org

Sheltered Housing residents are knitting superstars

Residents at Llys Erw Sheltered Housing Scheme, managed by Clwyd Alyn Housing Association in Ruthin, have formed their own knitting group which has recently been awarded a £250 Times award towards buying wool for the charitable items that they make for the Retired and Senior Volunteers Program (R.S.V.P). These are then sent to local hospitals, the homeless and third world countries for those in need of warm garments.



Support Services Available from Glyndwr Women's Aid All services are open to women affected by domestic violence

GWA Freedom Programme

Glyndwr Women's Aid runs the Freedom programme on Thursdays between 9.45 – 11.45. Referrals can be made direct to Glyndwr Women's Aid.



GWA Counselling

Referrals for counselling can be made direct to Mari Argent who is a qualified counsellor registered with the BACP, she can be contacted on the 24hr number 01745 814494 or email her mari.argent@glyndwrwomensaid@gmail.com This is person centred integrative counselling available to any woman affected by domestic abuse living in South Denbighshire.

GWA Courses

Referrals to any GWA courses such as confidence building can be made on the 24hr number 01745 814494 or by emailed Iona – iona.glyndwrwomensaid@gmail.com GWA are looking at setting up parenting courses and basic skills from the New Year.

GWA Drop In

Denbigh -The drop in runs from 10am – 1pm on Tuesday, Wednesday and Thursday women can also turn up at the main address (12-14 Hall Square, Denbigh, LL16 3NU) at any point during these times.

Corwen – The drop in runs from the Healthy Living Centre between 10am – 1pm on Mondays.

Llangollen – The drop in runs from Llangollen Library between 10am – 1pm on Mondays.

Gateway Project

Hafan Cymru is running 2 Gateway projects across Denbighshire aimed at improving individuals' confidence, knowledge and employability skills. During the first 6 months of the project 41 individuals have enrolled, 33 have achieved positive outcomes, 8 have achieved qualifications, 8 have progressed into other mainstream provision and 6 have secured employment. The project has been a great success to date. Group work recommences week beginning 9th January in Rhyl and Denbigh. For more information contact Jo Macbain on 07917594916 or email jomacbain@hafancymru.co.uk



FOOD CO-OP

The food co-op is an opportunity to buy affordable quality fresh fruit, vegetables and salad on a weekly basis at £3 per bag.



Oak Tree Centre, Fforddlas, Rhyl

Every Friday order and collect between 1pm and 4.30pm. For further information please call 01745 360129 or email oak.tree@denbighshire.gov.uk

Margaret Morris Centre, Gwaenynog Road, Denbigh

Every Friday order and collect between 10.30am and 11.30am. For further information please call 01745 815981 or email elen.ashton@denbighshire.gov.uk

Training Opportunities

Margaret Morris Centre, Gwaenynog Road, Denbigh



From January 2012, new training opportunities at the Margaret Morris Centre are to include: Beauty, Health and Wellbeing and Paediatric First Aid. For further details please contact call 01745 815981 or email elen.ashton@denbighshire.gov.uk

Structured Day Programme

For people recovering from drug or alcohol problems

The CAIS Structured Day Programme is a recovery orientated aftercare service for people who have had concerns with alcohol or drugs and who are maintaining abstinence or control. The Programme aims to provide a resource for people who wish to go onto live independent, economically active lives without substance use.



The Day Programme covers 6 broad topics including substance misuse, thinking and doing, life skills, employability, creativity, and adventure. All topics build on the 5 ways to well-being framework of connecting with others, being active, taking notice, keep learning, and giving that lead to increased social and psychological recovery capital. **The Day Programme is a 12 week rolling programme that can be joined at any time and is delivered Monday to Friday 10am-4pm. For further information or to join the Day Programme please contact CAIS on 0845 06 121 12 or 01492 523690.**

Winter Warmer Recipe

Stovies

Stovies are traditionally made with leftover roast beef, potatoes and onions. But by using corned beef - it makes a quick and easy meal any time!

Ingredients

Serves: 4

6 large potatoes
300ml (10 fl oz) milk
2 small or 1 large onion
50g (2 oz) tablespoons of butter
1 (200g) tin corned beef
Salt and Pepper



Preparation method

Prep: **10 mins** | Cook: **15 mins**

1. Peel potatoes and cut into small cubes. Put in a medium-sized pot and cover with milk. Heat until boiling then turn the heat down so that they are simmering.
2. While potatoes are simmering...chop onion roughly and fry in butter until brown and crispy.
3. Slice corned beef into medium chunks and set aside.
4. Wait for milk and potatoes to cook down into a kind of starchy soup, but with soft lumps of potato in.
5. Mix in onion and corned beef, allowing all flavours to mix.
6. Season with salt and pepper and serve.



We would like to include regular features on providers/Service Users – possibly a good practice story or something you would like to share with other readers. If you have a story please contact Katie Newe on 01824 702301
Email: Katie.newe@denbighshire.gov.uk

Supporting People Team, Contact Details

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Fax: 01824 712308

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Vacant	Assistant Reviewing Officer	01824 712307
Katie Owen-Gant	Supporting People Housing Co-ordinator	01824 708345 catherine.owen-gant@denbighshire.gov.uk
Daniel Deir	Support and Accommodation Development Worker	01824 708342 daniel.deir@denbighshire.gov.uk
Katie Newe	Needs Mapping and Information Officer	01824 712301 Katie.newe@denbighshire.gov.uk
Clare John	Finance Support	01824 712303 clare.john@denbighshire.gov.uk
Gwyneth Jervis	Admin Officer	01824 712303 gwyneth.jervis@denbighshire.gov.uk
Margaret Speake	Admin Officer	01824 712306 margaret.speake@denbighshire.gov.uk