Gofal Ychwanegol
Extra Care

Beth yw Gofal Ychwanegol?

Mae tai gofal ychwanegol wedi’u cynllunio i wneud bywyd yn haws i’r rhai a fyddai'n elwa o gael cymorth bob dydd, nad ydynt yn gallu ymdopi â'u sefyllfa byw bresennol. Bydd gennych eich fflat eich hun mewn cynllun tai wedi’u cynllunio'n arbennig, gyda chefnogaeth 24 awr ar gael ar y safle pe byddech ei hangen. Mae tai gofal ychwanegol yn darparu llety mynediad hawdd gydag, er enghraifft, ceginau ac ystafelloedd ymolchi wedi’u haddasu i fodloni eich anghenion unigol. Gallwch ddodrefnu eich fflat yn ôl eich chwaeth eich hun. Bydd gennych gytundeb tenantiaeth / prydles ac yn talu rhent / tâl gwasanaeth i'r gymdeithas tai.

Pam dewis Gofal Ychwanegol?

Bydd Gofal Ychwanegol yn rhoi annibyniaeth o gael eich cartref eich hun gyda’r budd o gael gofal a chymorth personol ar y safle. Gall cyfleusterau gynnwys:

- Salon Harddwch / Siopau Trin Gwallt
- Bwyty
- Ardal Lolfa gymunedol
- Ystafell Gweithgareddau / Hobïau
- Ystafell ffisiotherapi

What is Extra Care?

Extra care housing is designed to make life easier for those who would benefit from access to daily support, who cannot cope with their existing living situation. You will have your own flat in a specially designed housing scheme, with 24 hour support available on site should you need it. Extra care housing provides easy access accommodation with, for example, kitchens and bathrooms adapted to meet your individual needs. You can furnish your flat in your own taste. You will have a tenancy/leasehold agreement and pay rent/service charge to the housing association.

Why choose Extra Care?

Extra Care will give you the independence of having your own home with the benefit of on-site personal care and support. Facilities may include:

- Beauty Salon/Hairdressers
- Restaurant
- Communal Lounge area
- Activities/Hobbies room
- Physiotherapy room
- Laundry room

- Ystafell golchi dillad
- Ystafell driniaeth
- Ystafelloedd ymolchi â chymorth
- Ystafell i westai

Fodd bynnag, byddwch yn cael eich annog i ymgysylltu â gwasanaethau a chyfleusterau yn y gymuned leol.

A yw cartref Gofal Ychwanegol yn gartref am weddill fy oes?

Oherwydd dyluniad arbennig y fflatiau, lefel y cymorth sydd ar gael a'r ystod o offer y gellir cael gafael atynt, bydd rhai pobl yn gallu aros mewn Gofal Ychwanegol am weddill eu hoes. Fodd bynnag, gall fod amgylchiadau sy'n golygu y byddwch yn gorfod symud i amgylchedd gwahanol i fodloni eich anghenion. Gall hyn fod o ganlyniad i anghenion meddygol, y gellir ond eu bodloni mewn cyfleuster meddygol arbenigol.

Ble mae'r cynlluniau Gofal Ychwanegol?

Mae cynlluniau o amgylch y sir yn y Rhyl, Prestatyn, Rhuthun.

Sut ydw i'n gwneud cais?

Dylai ceisiadau ar gyfer y cynlluniau perthnasol gael eu gwneud drwy'r cymdeithasau tai.

Dylai ceisiadau i Nant y Môr, Prestatyn, gael eu cyfeirio at:

Prif Swyddfa Tai Wales & West
3 Alexandra Gate
Ffordd Pengam
Tremorfa

- Treatment room
- Assisted bathrooms
- Guest Suite

However, you will be encouraged to engage with services and facilities in the local community.

Is Extra Care a home for the rest of my life?

Due to the special design of the flats, the level of support available and the range of equipment that can be accessed, some people will be able to remain in Extra Care for the rest of their lives. However there may be circumstances that occur which result in you needing to move into a different environment for your needs to be met. This may be as a result of medical needs, which can only be met in a specialist medical facility.

Where are the Extra Care schemes?

There are schemes based around the county in Rhyl, Prestatyn, Ruthin.

How do I apply?

Applications for the relevant schemes should be made through the housing associations.

Applications to Nant Y Mor, Prestatyn, should be made to:

Wales & West Housing Head Office
3 Alexandra Gate
Ffordd Pengam
Tremorfa

Caerdydd CF24 2UD Ffôn: 0800 052 2526 (rhadffôn o linell dir) 029 2041 5300 (os ydych yn defnyddio ffôn symudol) Neges Destun (SMS): 07788 310420 E-bost: contactus@wwha.co.uk **Dylai ceisiadau i Orwel Newydd, y Rhyl, gael eu cyfeirio at:** Prif Swyddfa Clwyd Alyn 72 Ffordd William Morgan Parc Busnes Llanelwy Llanelwy Sir Ddinbych LL17 0JD Ffôn: 0800 1835757 (rhadffôn o linell dir) neu 01745 536800. E-bost: enquiries@clwydalyn.co.uk **Dylai ceisiadau i Lys Awelon, Rhuthun, gael eu cyfeirio at:** Gr□p Cynefin 54 Stryd y Dyffryn, Dinbych, LL16 3BW Ffôn: 0300 111 2122 E-bost: post@grwpcynefin.org **Pa ofal y gellir ei roi?** Bydd Cynrychiolwr Darparu Gofal a Chynrychiolwr Cymdeithas Tai yn ymweld â chi yn eich cartref i esbonio'r meini prawf	Cardiff CF24 2UD Phone: 0800 052 2526 (freephone from landline) 029 2041 5300 (if using mobile) Text (SMS): 07788 310420 Email: contactus@wwha.co.uk **Applications to Gorwel Newydd, Rhyl, should be made to:** Clwyd Alyn Head Office 72 Ffordd William Morgan St Asaph Business Park St Asaph Denbighshire LL17 0JD Phone: 0800 1835757 (freephone from a landline) or 01745 536800. Email: enquiries@clwydalyn.co.uk **Applications to LLys Awelon, Ruthin, should be made to:** Grwp Cynefin 54 Stryd y Dyffryn, Dinbych, LL16 3BW Phone: 0300 111 2122 Email: post@grwpcynefin.org **What care can be provided?** A Care Provider Representative and Housing Association Representative will visit you at home to explain the eligibility criteria and how vacancies are allocated to you. They will discuss

cymhwyster a sut mae llefydd gwag yn cael eu cadw ar eich cyfer. Byddant yn trafod pa ofal / cymorth y gellir eu rhoi os bydd eich cais yn llwyddiannus.

A fyddaf yn gymwys?

Yn dilyn yr ymweliad gan y Cynrychiolydd Darparwr Gofal a'r Cynrychiolydd Cymdeithas Tai, os ydych yn bodloni'r meini prawf cymhwyster, bydd gweithiwr gofal cymdeithasol yn gweithio gyda chi i gwblhau cynllun gofal a chymorth. Bydd hyn yn ein helpu i wneud penderfyniad ar ba fath o gymorth sydd ei angen arnoch. Os ydych yn gwpl, gallwch barhau i fod yn gymwys os oes gan un person anghenion cymorth / gofal, lle mae Gofal Ychwanegol yn cael ei asesu fel y ffordd fwyaf effeithiol o fodloni'r anghenion hynny.

A fydd yn rhaid i mi dalu?

Mae byw mewn fflat gofal ychwanegol yr un fath â byw mewn unrhyw eiddo ar rent neu eiddo sy'n berchen i rywun arall. Byddwch yn gyfrifol am dalu rhent a biliau eraill y cartref, er byddai unrhyw Fudd-daliadau y mae gennych hawl iddynt yn dal i'ch cefnogi i wneud hyn. Bydd angen i chi hefyd dalu am unrhyw gynllun gofal a chymorth ar ôl asesu eich bod eu hangen, ond bydd hyn yn seiliedig ar asesiad o'ch gallu i dalu a bydd yn cael ei gapio ar yr uchafswm a ganiateir gan Lywodraeth Cymru, sydd ar hyn o bryd yn £60 yr wythnos.

Gallwn ddarparu'r ddogfen hon mewn ieithoedd ac/neu fformatau eraill ar eich cais. Ffoniwch 0800 032 1099 i gael rhagor o fanylion.

what care/support can be provided if your application is successful.

Will I qualify?

Following the visit by the Care Provider Representative and Housing Association Representative, if you meet the eligibility criteria a social care worker will work with you to complete a care and support plan. This will help us to make a decision on what kind of support you need. If you are a couple, you can still qualify if one person has care/support needs where Extra Care is assessed as the most effective way of meeting those needs.

Will I have to pay?

Living in an extra care apartment is the same as living in any other rented or owned property. You will be responsible for paying rent and other household bills, although any Benefits you are entitled to would still support you in doing this. You will also need to pay for any care and support plan that you are assessed as needing, but this will be based on an assessment of your ability to pay and will be capped at the maximum allowed by Welsh Government, currently £60 per week.

This document may be available in other languages and/or formats on request. Please call 0800 032 1099 for further details.