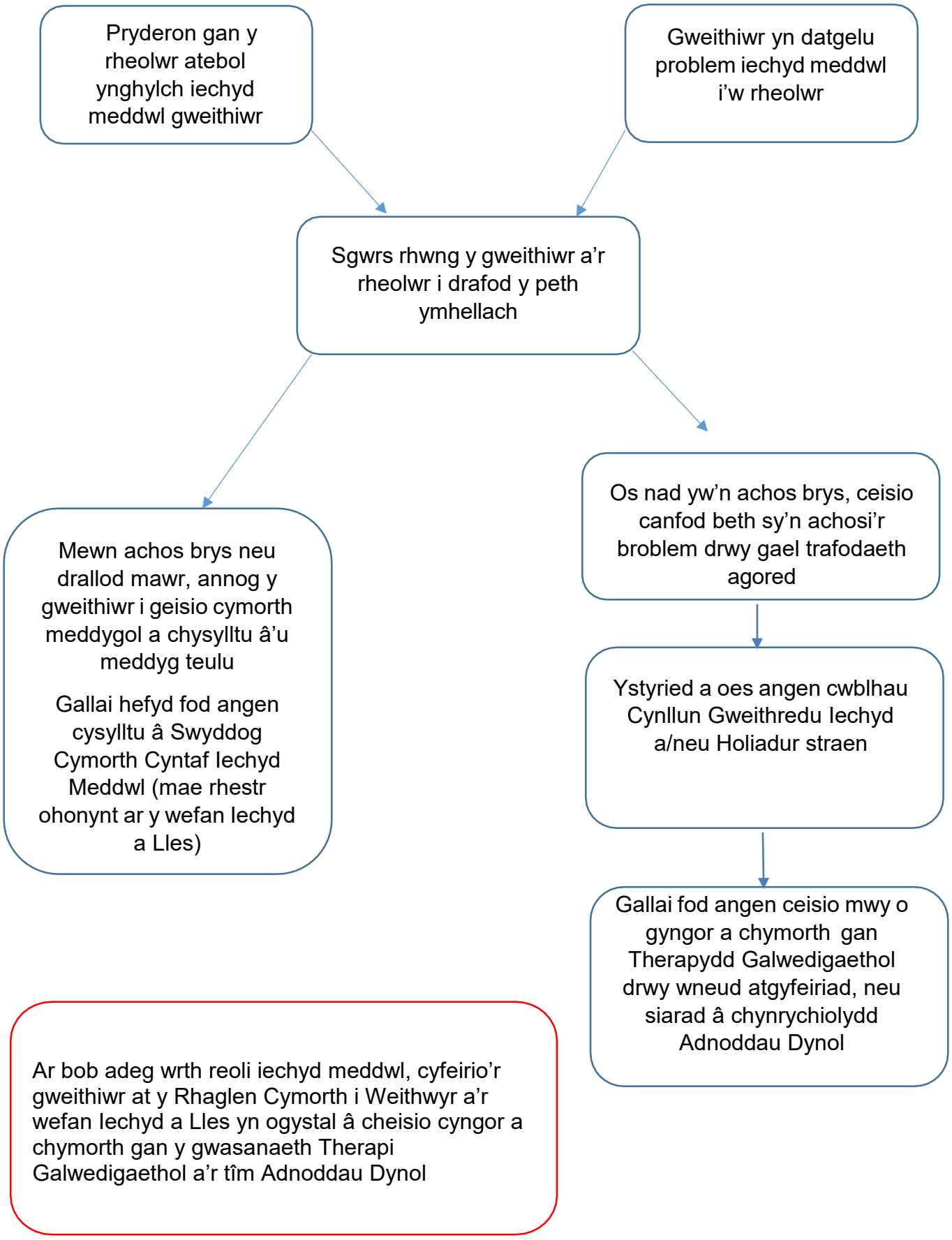
Siart llif rheoli iechyd meddwl yn y gwaith



Mae'r ddogfen hon ar gael yn Saesneg. This document is available in English.