

## Micro-providers listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Katy Roberts, Private Carer</b>	No	Tel: 07591970394 Email: <a href="mailto:katyrobertspc@gmail.com">katyrobertspc@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Support with meals</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Companionship</li> </ul>	<ul style="list-style-type: none"> <li>• Llangollen</li> <li>• Llandegla</li> <li>• Bryneglwys</li> <li>• Llanarmon-yn-Ial</li> </ul>
<b>Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)</b>	No	Tel: 07894540356 Email: <a href="mailto:checkinandchat00@gmail.com">checkinandchat00@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> <li>• Bereaved people</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care (some)</li> <li>• Telephone / face to face check in and chat</li> <li>• Trips out</li> <li>• Bereavement support</li> <li>• Advocacy</li> <li>• Companionship</li> </ul>	Within a 10 mile radius of Rhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Toni Morgan-Brown, Consistency of Care</b>	No	Tel: 07765534691 or 07810294947 Email: <a href="mailto:consistencyofcare@gmail.com">consistencyofcare@gmail.com</a>	<ul style="list-style-type: none"> <li>• People with dementia</li> <li>• Older people</li> </ul>	<ul style="list-style-type: none"> <li>• Live in care</li> <li>• Personal care</li> <li>• Respite care</li> </ul>	Across Denbighshire
<b>Christie Evans, Indigo Care</b>	No	Tel: 07787757879 Email: <a href="mailto:indigocare22@gmail.com">indigocare22@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Support with meals</li> <li>• Trips out</li> </ul>	Ruthin and nearby villages
<b>Kath Kirwin, Rural Homecare</b>	No	Tel: 07985273002 Email: <a href="mailto:kathkirwin@btinternet.com">kathkirwin@btinternet.com</a>	Older people	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> </ul>	Prestatyn and nearby villages
<b>Lisa, Care Mate</b>	No	Tel: 07717873202 Email: <a href="mailto:lisaloxbox@gmail.com">lisaloxbox@gmail.com</a>	Older people	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Companionship</li> <li>• Respite care</li> </ul>	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Fiona Goward, Ethical Care</b>	No	Tel: 07902580123 Email: <a href="mailto:fionagoward88@gmail.com">fionagoward88@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Companionship</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> </ul>
<b>Lorna Jones, LMJ Care &amp; Support</b>	No	Tel: 07795577826 Email: <a href="mailto:lornaloopygirl42@gmail.com">lornaloopygirl42@gmail.com</a>	Older people	<ul style="list-style-type: none"> <li>• Personal care (some)</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Companionship</li> <li>• Trips out</li> </ul>	Ruthin and nearby villages
<b>Amber Harrison, Follow Your True Path</b>	No	Tel: 07904164844 Email: <a href="mailto:hello@followyourtruepath.com">hello@followyourtruepath.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• Carers of Older people</li> </ul>	Support mental wellbeing through building self-confidence and independence	Llangollen

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<b>Dani Whines, Community Foot Care</b>	No	Tel: 07530221122 Email: <a href="mailto:dani@communityfootcare.co.uk">dani@communityfootcare.co.uk</a>	Adults with foot care needs	Foot care treatments	Across Denbighshire
<b>Tracey English, Toe-tal Foot Health</b>	No	Tel: 07717569442 Email: <a href="mailto:getracey65@gmail.com">getracey65@gmail.com</a>	Adults with foot care needs	Foot care treatments	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> </ul>
<b>Sarah Edwards, Physiotherapy</b>	No	Tel: 07590268955 Email: <a href="mailto:info@sarahedwardsphysio.co.uk">info@sarahedwardsphysio.co.uk</a>	Older people	<ul style="list-style-type: none"> <li>• Assessment and treatment of falls (complex)</li> <li>• Preventing falls</li> <li>• Rehabilitation after surgery</li> <li>• Stroke rehabilitation</li> <li>• Caring for chronic chest conditions</li> </ul>	Across Denbighshire

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<b>Karen Bell, Make it Yours Home Support</b>	Yes	Tel: 07788457475 Email: <a href="mailto:kaz.siglen@gmail.com">kaz.siglen@gmail.com</a>	Older people	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Support with meals</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Trips out</li> <li>• Support with correspondence</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> <li>• St Asaph</li> </ul>
<b>Heather Fairs, Happy to Help</b>	No	Tel: 07941915223 Email: <a href="mailto:heather.fairs@sky.com">heather.fairs@sky.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• Carers of Older people</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Cleaning</li> <li>• Shopping</li> <li>• Errands</li> <li>• Companionship</li> <li>• Gardening</li> </ul>	Rhyl
<b>David Owen-Booth, HomeTech Wales</b>	No	Tel: 07909225315 Email: <a href="mailto:info@hometech.wales">info@hometech.wales</a>	Older people	<ul style="list-style-type: none"> <li>• Professional technology services</li> <li>• Property maintenance</li> <li>• DIY</li> <li>• Bespoke design and joinery</li> </ul>	Within a 20 mile radius of Dyserth

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<b>Ruth Bell, Peace of Mind</b>	Yes	Tel: 07872335676 Email: <a href="mailto:harls118@aol.com">harls118@aol.com</a>	Older people	<ul style="list-style-type: none"> <li>• Respite care</li> <li>• Companionship</li> <li>• Shopping</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> </ul>
<b>Alison Doring, A1 Helping Hands</b>	No	Tel: 07549149728 Email: <a href="mailto:doringalison01@googlEmail.com">doringalison01@googlEmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Shopping</li> <li>• Appointments</li> <li>• Companionship</li> <li>• Trips out</li> </ul>	Ruthin and nearby villages
<b>Tanya Jones, Happy Home Care</b>	No	Tel: 07551446390 Email: <a href="mailto:happyhomecare30@gmail.com">happyhomecare30@gmail.com</a>	Older people	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Companionship</li> <li>• Shopping</li> <li>• Support with meals</li> </ul>	Ruthin

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<b>Rowena Lloyd-Thomas, The Caring Kind Home Help</b>	No	Tel: 07887361021 Email: <a href="mailto:thecaringkind2u@gmail.com">thecaringkind2u@gmail.com</a>	Older people	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Laundry</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Errands</li> </ul>	Rhyl
<b>Gale Ward, Gale's Home Help</b>	No	Tel: 07553190377 Email: <a href="mailto:gale2727@outlook.com">gale2727@outlook.com</a>	Older people	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Shopping</li> <li>• Respite care</li> </ul>	Prestatyn
<b>Emily, Artful Nature</b>	No	Email: <a href="mailto:artfulnaturenorthwales@gmail.com">artfulnaturenorthwales@gmail.com</a> Website: <a href="#">Artful Nature</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Guided walks</li> <li>• Movement and well-being</li> <li>• Creative arts</li> <li>• Yoga</li> </ul>	Llangollen

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<b>Sian Cryer, Blue Orchid Care</b>	No	Tel: 07526921956 Email: <a href="mailto:blue-orchid-care@outlook.com">blue-orchid-care@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Housework</li> <li>• Medication prompting</li> <li>• Shopping</li> <li>• Cleaning</li> <li>• Support with meals</li> </ul>	Llangollen
<b>Jenny Hughes, Kind Hands</b>	No	Tel: 07513057243 Email: <a href="mailto:kindhandsprivatecare@outlook.com">kindhandsprivatecare@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Dog walking</li> <li>• Short guided walks</li> <li>• Trips out</li> <li>• Hobbies</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Meliden</li> <li>• Dyserth</li> </ul>



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<b>Tracy Fletcher, ICare</b>	No	Tel: 07732915713 Email: <a href="mailto:nanny1962@icloud.com">nanny1962@icloud.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> </ul>	Ruthin
<b>Sue Parry, Serene Support</b>	No	Tel: 07818411094 Email: <a href="mailto:Sue.parry@icloud.com">Sue.parry@icloud.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> </ul>	St Asaph
<b>Rebekah Woodcraft First Step Support</b>	No	Tel: 07850217683	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Support with meals</li> <li>• Trips out</li> <li>• Shopping</li> <li>• Companionship</li> </ul>	Denbigh

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<b>Stephanie Wong</b> <b>Steph's Helping Hands</b>	No	Tel: 07888653869	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> </ul>	Rhyl
<b>Carol Thomas</b> <b>Care Companion</b>	No	Tel: 07787842244 Email: <a href="mailto:ctcarolthomas1@gmail.com">ctcarolthomas1@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> </ul>	Ruthin
<b>Katy Walker</b> <b>CKJ Care</b>	No	Tel: 07729000084 Email: <a href="mailto:ckjcareltd1@gmail.com">ckjcareltd1@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older people</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Dog walking</li> </ul>	<ul style="list-style-type: none"> <li>• St Asaph</li> <li>• Rhuddlan</li> </ul>

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<b>Rob Jones</b> <b>Rob's Gardens</b>	No	Tel: 07585707306 Email: <a href="mailto:Rob75robert@gmail.com">Rob75robert@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Gardening</li> <li>• DIY</li> </ul>	Across Denbighshire
<b>Jane Hughes</b> <b>Clwydian Care</b>	Yes	Tel: 07944927099 Email: <a href="mailto:Ads931@btinternet.com">Ads931@btinternet.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Dog walking</li> <li>• Gardening</li> </ul>	St Asaph

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<b>Andrew Nelson Nelson's Micro-Care</b>	No	Tel: 07355689244 Email: <a href="mailto:andy@nelsonsmc.co.uk">andy@nelsonsmc.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> <li>• Young People(aged 14 – 18years)</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Dog walking</li> <li>• Professional technology Services</li> <li>• Personal care for young people</li> </ul>	Prestatyn
<b>L.E.A.H – Letting Everyone Access Help Leah Taylor</b>	No	Tel: 07910060442 Email: <a href="mailto:leahntaylor@icloud.com">leahntaylor@icloud.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Dog walking</li> </ul>	Prestatyn

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<b>Mandy's Homely Help</b> <b>Mandy Roberts</b>	No	Tel: 07917318819 Email: <a href="mailto:mandyhomelyhelp@outlook.com">mandyhomelyhelp@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Dog walking</li> <li>• Gardening</li> </ul>	St Asaph
<b>Supportive Solutions</b> <b>Nicola Jooste</b>	No	Tel: 07920054258 Email: <a href="mailto:nickywernbach@hotmail.co.uk">nickywernbach@hotmail.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> <li>• Young People(aged 14 – 18years)</li> </ul>	<ul style="list-style-type: none"> <li>• Housework</li> <li>• Shopping</li> <li>• Trips out</li> <li>• Companionship</li> <li>• Cleaning</li> <li>• Cooking</li> <li>• Dog walking</li> <li>• Personal care for young people</li> </ul>	St Asaph, Bodelwyddan and surrounding area

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<b>Lee's Cleaning Service, Jonathon Lee</b>	No	Tel: 07300818562	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> <li>• Younger People</li> </ul>	Cleaning	<ul style="list-style-type: none"> <li>• Denbigh</li> <li>• Bodfari</li> </ul>
<b>Guardian Home Care, Dean Plant</b>	No	Tel: 07748666426 Email: <a href="mailto:guardianhomecare23@yahoo.com">guardianhomecare23@yahoo.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Gardening</li> <li>• DIY</li> <li>• Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> </ul>

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<b>MKH Care</b>	No	Tel: 07864385856 Email: <a href="mailto:mkhhomecare23@yahoo.com">mkhhomecare23@yahoo.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> </ul>
<b>Peter Greulich, Safe Harbour Services</b>	No	Tel: 07776257447 Email: <a href="mailto:p.greulich944@gmail.com">p.greulich944@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Gardening</li> <li>• Trips out</li> </ul>	Denbigh

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<b>Joanne Dixon, Breakthrough Health &amp; Wellbeing Solutions</b>	No	Tel: 07731833011 Email: <a href="mailto:contact@breakthroughhealthsolutions.co.uk">contact@breakthroughhealthsolutions.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Gardening</li> <li>• Trips out</li> <li>• Personal Care</li> </ul>	Across Denbighshire
<b>Hannah Vallance, SIAH (Supporting Independence at Home)</b>	No	Tel: 07769237566 Email: <a href="mailto:SIAHDENBIGHSHIRE@GMAIL.COM">SIAHDENBIGHSHIRE@GMAIL.COM</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Gardening</li> <li>• Trips out</li> </ul>	Ruthin



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<b>Juliet Itive, Juliet's Kind Care</b>	No	Tel: 07776749086 Email: <a href="mailto:itive83@gmail.com">itive83@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Prestatyn area
<b>Nerys Jones, NJ Care &amp; Support</b>	Yes	Tel: 07799750931 Email: <a href="mailto:nerysj18@gmail.com">nerysj18@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> <li>• Gardening</li> </ul>	Denbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Laura Jones, Independence</b>	No	Tel: 07816250613 Email: <a href="mailto:independenceprivatecare@gmail.com">independenceprivatecare@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Hairdressing</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Prestatyn and surrounding areas</li> </ul>
<b>Shirley Taylor Private Care</b>	No	Tel: 07873894277 Email: <a href="mailto:shirleytaylor0910@gmail.com">shirleytaylor0910@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Bodfari</li> <li>• Denbigh</li> <li>• Llandyrnog</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Melissa Clark</b> <b>Care by Mel</b>	No	Tel: 07515644831 Email: <a href="mailto:melissa.jane1975@hotmail.com">melissa.jane1975@hotmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Ruthin</li> </ul>
<b>Nathan Jones,</b> <b>Your Time</b> <b>Support Services</b>	Yes	Tel: 07552252438 Email: <a href="mailto:nawrian@icloud.com">nawrian@icloud.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Prestatyn area

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Sarah Morgan, Hiraethog Home Comforts</b>	No	Tel: 07825738736 Email: <a href="mailto:sarahcmorgan76@outlook.com">sarahcmorgan76@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> <li>• Gardening</li> </ul>	<ul style="list-style-type: none"> <li>• Corwen</li> <li>• Ruthin</li> </ul>
<b>Catherine Jones, Home Genie</b>	No	Tel: 07842310935 Email: <a href="mailto:homegenie2024@outlook.com">homegenie2024@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Denbigh</li> <li>• Ruthin</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Rachel Ryland, RRR Support</b>	No	Tel: 07777495272 Email: <a href="mailto:RRRuthin@gmail.com">RRRuthin@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Medication prompting</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Ruthin
<b>Laura Burkhill, TLC Providers</b>	No	Tel: 07985976092 Email: <a href="mailto:tlcprovider@yahoo.com">tlcprovider@yahoo.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Ruthin

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Jodie Pike, Happy Hearts Help</b>	No	Tel: 07776305729 Email: <a href="mailto:mrsjodiepike@hotmail.com">mrsjodiepike@hotmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Ruthin
<b>Debra Hughes, Count on a Smile</b>	No	Tel: 07521843812 Email: <a href="mailto:counthonasmile@gmail.com">counthonasmile@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> <li>• Meliden</li> <li>• Rhuddlan</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Della Black, Flourish Home Support</b>	No	Tel: 07397266377 Email: <a href="mailto:dellasflourishathome@gmail.com">dellasflourishathome@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> <li>• Young People</li> </ul>	<ul style="list-style-type: none"> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> <li>• Dog walking</li> </ul>	<ul style="list-style-type: none"> <li>• Denbigh</li> <li>• Henllan</li> <li>• St Asaph</li> </ul>
<b>Ashleigh Condon, Cosy Care</b>	No	Tel: 07795549828 Email: <a href="mailto:ashleighcondon@gmail.com">ashleighcondon@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Rhuddlan</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Matthew Kerry, Inspirational Support</b>	No	Tel: 07917632823 Email: <a href="mailto:mattykerry.1@outlook.com">mattykerry.1@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Denbigh</li> <li>• St Asaph</li> <li>• Ruthin</li> </ul>
<b>Julie Evans Julie home care</b>	No	Tel: 07493213374	Older people	<ul style="list-style-type: none"> <li>• Shopping</li> <li>• Dog walking</li> <li>• Cleaning</li> <li>• Companionship</li> <li>• Appointments</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• St Asaph</li> </ul>
<b>Ruth Jones Home from Home</b>	No	Tel: 07766202691 Email: <a href="mailto:ruthy.jones@btinternet.com">ruthy.jones@btinternet.com</a>	Older people	<ul style="list-style-type: none"> <li>• Cooking</li> <li>• Dog walking</li> <li>• Cleaning</li> <li>• Companionship</li> <li>• Trips out</li> </ul>	Ruthin



## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Rachel Lewis</b> <b>Care with Love</b>	No	Tel: 07710161923 Email: <a href="mailto:carewithlove2024@gmail.com">carewithlove2024@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> <li>• St Asaph</li> </ul>
<b>Michelle Maley</b> <b>Mam Cares</b>	No	Tel: 07789672188	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Rhuddlan</li> <li>• Dyserth</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Tracey Griffiths TMG</b>	No	Tel: 07947172608 Email: <a href="mailto:tmg.communitycare@gmail.com">tmg.communitycare@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> <li>• Llandyrnog</li> <li>• Gellifor</li> </ul>
<b>Amanda Rafferty A R Care Services</b>	No	Tel: 07910804553 Email: <a href="mailto:a.rafferty@mail.com">a.rafferty@mail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	Prestatyn

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>John Worthington Mr Shine</b>	No	Tel: 07876251987 Email: <a href="mailto:mrshine1926@gmail.com">mrshine1926@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Bodelwyddyan</li> <li>• St Asaph</li> </ul>
<b>Emma Gray TW Care</b>	No	Tel: 07528672474 Email: <a href="mailto:twcorwen@gmail.com">twcorwen@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Corwen</li> <li>• Llandrillo</li> <li>• Llangollen</li> <li>• Ruthin</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Lorraine Robinson</b> <b>Here to Help</b>	No	Tel: 07387144730 Email: <a href="mailto:HeretoHelp24@outlook.com">HeretoHelp24@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Prestatyn</li> <li>• Rhuddlan</li> <li>• Dyserth</li> </ul>
<b>Chris Salter</b> <b>Salter's Micro-care</b>	No	Tel: 07716164087 Email: <a href="mailto:saltersmicrocare@yahoo.com">saltersmicrocare@yahoo.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Rhuddlan</li> <li>• Prestatyn</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Caroline Maddocks</b> <b>Caroline's Care Solutions</b>	No	Tel: 07590584641 Email: <a href="mailto:callymaddocks1@hotmail.com">callymaddocks1@hotmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhuddlan</li> <li>• Rhyl</li> </ul>
<b>Sarah Douglas</b> <b>Premier Cleans &amp; Private Carer</b>	No	Tel: 07955591435 Email: <a href="mailto:premiercleans@hotmail.com">premiercleans@hotmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> <li>• St Asaph</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Racel Lewis</b> <b>Care with Love</b>	No	Tel: 07710161923 Email: <a href="mailto:carewithlove2024@gmail.com">carewithlove2024@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Melidan</li> <li>• St Asaph</li> </ul>
<b>Audrey Finnan</b> <b>CarePlus</b> <b>Denbighshire</b>	No	Tel: 07419120359 Email: <a href="mailto:audreycfinnan@aol.com">audreycfinnan@aol.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Nest Jones Hand in Hand</b>	Yes	Tel: 07917387620 Email: <a href="mailto:nest.jones@yahoo.co.uk">nest.jones@yahoo.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Corwen</li> <li>• Rhyl</li> </ul>
<b>Pepita Cretney, Pep's Microcare</b>	No	Tel: 07979101307 Email: <a href="mailto:pepicretney@gmail.com">pepicretney@gmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Melidan</li> <li>• St Asaph</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Karen Jones</b> <b>Counsellor and Emotional Wellbeing Practitioner</b>	Yes	Tel: 07743447435 Email: <a href="mailto:karenjones@sky.com">karenjones@sky.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> <li>• Adults</li> </ul>	<ul style="list-style-type: none"> <li>• Counselling</li> <li>• Wellbeing Practitioner</li> <li>• Companionship</li> </ul>	<ul style="list-style-type: none"> <li>• Online</li> <li>• Rhyl</li> <li>• Prestatyn</li> <li>• Rhuddlan</li> </ul>
<b>Stephen Johnson</b> <b>Trusted Home Caring</b>	No	Tel: 07947094261 Email: <a href="mailto:trustedhomecaring@outlook.com">trustedhomecaring@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> <li>• Rhuddlan</li> <li>• Bodelwyddan</li> </ul>
<b>Brett Evans</b>	No	Tel: 07349520963 Email: <a href="mailto:brttvns@live.co.uk">brttvns@live.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Bodelwyddan</li> </ul>



## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Karen Hanna</b> <b>Caring Kind</b>	No	Tel: 07825819789 Email: <a href="mailto:karenl.hanna@btinternet.com">karenl.hanna@btinternet.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> <li>• Young People(aged 14 – 18years)</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Rhyl</li> <li>• Prestatyn</li> <li>• Dyserth</li> </ul>
<b>Ffion White</b> <b>Lles Clwyd</b> <b>Wellbeing</b>	Yes	Tel: 0776995867 Email: <a href="mailto:ffijones@hotmail.com">ffijones@hotmail.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> <li>• Young People(aged 14 – 18years)</li> </ul>	<ul style="list-style-type: none"> <li>• Guided walks</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> <li>• Corwen</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Manon Edwards, Help Llaw</b>	Yes	Tel: 07584304621 Email: <a href="mailto:helpllaw@outlook.com">helpllaw@outlook.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• St Asaph</li> <li>• Ruthin</li> </ul>
<b>Lisa Rahim, Grace and Harmony Care Services</b>	No	Tel: 07800560207 Email: <a href="mailto:lisadean78@yahoo.co.uk">lisadean78@yahoo.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Dyserth</li> <li>• Rhuddlan</li> <li>• Rhyl</li> </ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Bedwyr Griffiths, Gofal Support</b>	Yes	Tel: 07307383929 Email: <a href="mailto:ed321@btinternet.com">ed321@btinternet.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Denbigh</li> <li>• Ruthin</li> <li>• St Asaph</li> </ul>
<b>Christine Thomas, Companion Care Denbigh</b>	No	Tel: 07751310666 Email: <a href="mailto:christhomascat@tiscali.co.uk">christhomascat@tiscali.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Denbigh</li> </ul>

## Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
<b>Jane Stockport, JS Home Support</b>	No	Tel: 07905438643 Email: <a href="mailto:janestockport@yahoo.co.uk">janestockport@yahoo.co.uk</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Ruthin</li> <li>• Denbigh</li> <li>• St Asaph</li> </ul>
<b>Beverley Davenport, Bespoke Care by Bev</b>	No	Tel: 07583264121 Email: <a href="mailto:casadavy@yahoo.com">casadavy@yahoo.com</a>	<ul style="list-style-type: none"> <li>• Older People</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Medication prompting</li> <li>• Cleaning</li> <li>• Support with meals</li> <li>• Appointments</li> <li>• Shopping</li> <li>• Companionship</li> <li>• Cooking</li> <li>• Trips out</li> </ul>	<ul style="list-style-type: none"> <li>• Prestatyn</li> <li>• Rhyl</li> <li>• Dyserth</li> </ul>