

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Wall, Berwyn Personal Care	No	Tel: 07484206240 Email: sarah@berwynpersonalcare.co.uk	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Medication prompting</li> <li>Support with meals</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> </ul>	Llangollen
Katy Roberts, Private Carer	No	Tel: 07591970394 Email: katyrobertspc@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Support with meals</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> </ul>	<ul><li>Llangollen</li><li>Llandegla</li><li>Bryneglwys</li><li>Llanarmon-yn-lal</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)	No	Tel: 07894540356 Email: checkinandchat00@gmail.com	<ul> <li>Older people</li> <li>People with disabilities</li> <li>Bereaved people</li> </ul>	<ul> <li>Personal care (some)</li> <li>Telephone / face to face check in and chat</li> <li>Trips out</li> <li>Bereavement support</li> <li>Advocacy</li> <li>Companionship</li> </ul>	Within a 10 mile radius of Rhyl
Annie Healey, T&T Care Ltd	No	Tel: 07522 813532 Email: tandt_care_ltd@yahoo.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Support with meals</li> <li>Cleaning</li> <li>Respite care</li> <li>Shopping</li> <li>Medication prompting</li> </ul>	<ul><li>Denbigh</li><li>Bodfari</li></ul>
Toni Morgan- Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com	<ul><li>People with dementia</li><li>Older people</li></ul>	<ul><li>Live in care</li><li>Personal care</li><li>Respite care</li></ul>	Across Denbighshire

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Christie Evans, Indigo Care	No	Tel: 07787757879 Email: <u>indigocare22@gmail.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Personal care</li><li>Housework</li><li>Support with meals</li><li>Trips out</li></ul>	Ruthin and nearby villages
Kath Kirwin, Rural Homecare	No	Tel: 07985273002 Email: <u>kathkirwin@btinternet.com</u>	Older people	<ul><li>Personal care</li><li>Housework</li><li>Shopping</li><li>Appointments</li></ul>	Prestatyn and nearby villages
Natalie Dawn Owen, Caring by Bee-ing Kind	No	Tel: 07393301010 Email: <u>beekind040@gmail.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Personal care</li><li>Housework</li><li>Shopping</li><li>Appointments</li><li>Companionship</li></ul>	<ul><li>Rhyl</li><li>Prestatyn</li><li>Dyserth</li></ul>
Lisa, Care Mate	No	Tel: 07717873202 Email: <u>lisaloxbox@gmail.com</u>	Older people	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Respite care</li> </ul>	• Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Fiona Goward, Ethical Care	No	Tel: 07395803324 Email: <u>fionagoward88@gmail.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li></ul>
Stancia Dzongodza, Heart2Heart	No	Tel: 07760319216 Email: <u>linah38@outlook.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Live in care</li> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> </ul>	Across     Denbighshire
Lorna Jones, LMJ Care & Support	No	Tel: 07795577826 Email: <u>lornaloopygirl42@gmail.com</u>	Older people	<ul> <li>Personal care (some)</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	Ruthin and nearby villages

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Julie Weller, Leading Light Salvation	No	Tel: 07391669006 Email: <u>leadinglight888@yahoo.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care (some)</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	• Rhyl
Amber Harrison, Follow Your True Path	No	Tel: 07904164844 Email: hello@followyourtruepath.com	<ul><li>Older people</li><li>Carers of Older people</li></ul>	Support mental     wellbeing through     building self-     confidence and     independence	• Llangollen
Dani Whines, Community Foot Care	No	Tel: 07530221122 Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments	<ul> <li>Across         Denbighshire     </li> </ul>
Tracey English, Toe-tal Foot Health	No	Tel: 07717569442 Email: <u>getracey65@gmail.com</u>	Adults with foot care needs	Foot care treatments	<ul><li>Ruthin</li><li>Denbigh</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Edwards, Physiotherapy	No	Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk	Older people	<ul> <li>Assessment and treatment of falls (complex)</li> <li>Preventing falls</li> <li>Rehabilitation after surgery</li> <li>Stroke rehabilitation</li> <li>Caring for chronic chest conditions</li> </ul>	<ul> <li>Across         Denbighshire     </li> </ul>
Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475 Email: <u>kaz.siglen@gmail.com</u>	Older people	<ul> <li>Housework</li> <li>Support with meals</li> <li>Shopping</li> <li>Appointments</li> <li>Trips out</li> <li>Support with correspondence</li> </ul>	<ul><li>Ruthin</li><li>Denbigh</li><li>St Asaph</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Heather Fairs, Happy to Help	No	Tel: 07941915223 Email: <u>heather.fairs@sky.com</u>	<ul><li>Older people</li><li>Carers of Older people</li></ul>	<ul><li>Housework</li><li>Cleaning</li><li>Shopping</li><li>Errands</li><li>Companionship</li><li>Gardening</li></ul>	• Rhyl
David Owen- Booth, HomeTech Wales	No	Tel: 07909225315 Email: <u>info@hometech.wales</u>	Older people	<ul> <li>Professional technology services</li> <li>Property maintenance</li> <li>DIY</li> <li>Bespoke design and joinery</li> </ul>	Within a 20 mile radius of Dyserth
Ruth Bell, Peace of Mind	Yes	Tel: 07872335676 Email: <u>harls118@aol.com</u>	Older people	<ul><li>Respite care</li><li>Companionship</li><li>Shopping</li></ul>	<ul><li>Ruthin</li><li>Denbigh</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Alison Doring, A1 Helping Hands	No	Tel: 07549149728 Email: <u>doringalison01@googlEmail.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	Ruthin and nearby villages
Tanya Jones, Happy Home Care	No	Tel: 07551446390 Email: <u>happyhomecare30@gmail.com</u>	Older people	<ul> <li>Personal care</li> <li>Housework</li> <li>Companionship</li> <li>Shopping</li> <li>Support with meals</li> </ul>	• Ruthin
Rowena Lloyd- Thomas, The Caring Kind Home Help	No	Tel: 07887361021 Email: <u>thecaringkind2u@gmail.com</u>	Older people	<ul><li>Housework</li><li>Laundry</li><li>Shopping</li><li>Companionship</li><li>Errands</li></ul>	• Rhyl
Gale Ward, Gale's Home Help	No	Tel: 07553190377 Email: <u>gale2727@outlook.com</u>	Older people	<ul><li>Housework</li><li>Cleaning</li><li>Cooking</li><li>Shopping</li><li>Respite care</li></ul>	Prestatyn

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Jaques, An Easier Life	No	Tel: 07827924727 Email: aneasierlifewithjenny@outlook.com	Older people	<ul><li>Housework</li><li>Cleaning</li><li>Shopping</li><li>Companionship</li><li>Gardening</li></ul>	<ul> <li>Prestatyn</li> </ul>
Emily, Artful Nature	No	Email: <u>artfulnaturenorthwales@gmail.com</u> Website: <u>Artful Nature</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Guided walks</li><li>Movement and well-being</li><li>Creative arts</li><li>Yoga</li></ul>	Llangollen
Sian Cryer, Blue Orchid Care	No	Tel: 07526921956 Email: <u>blue-orchid-care@outlook.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Medication prompting</li> <li>Shopping</li> <li>Cleaning</li> <li>Support with meals</li> </ul>	Llangollen

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Hughes, Kind Hands	No	Tel: 07513057243 Email: kindhandsprivatecare@outlook.com	<ul> <li>Older people</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Dog walking</li> <li>Short guided walks</li> <li>Trips out</li> <li>Hobbies</li> </ul>	<ul><li>Prestatyn</li><li>Meliden</li><li>Dyserth</li></ul>
Tracy Fletcher, ICare	No	Tel: 07732915713 Email: <u>nanny1962@icloud.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> </ul>	• Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sue Parry, Serene Support	No	Tel: 07818411094 Email: <u>Sue.parry@icloud.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> </ul>	St Asaph
Rebekah Woodcraft First Step Support	No	Tel: 07850217683	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Housework</li> <li>Cleaning</li> <li>Cooking</li> <li>Support with meals</li> <li>Trips out</li> <li>Shopping</li> <li>Companionship</li> </ul>	• Denbigh
Stephanie Wong Steph's Helping Hands	No	Tel: 07888653869	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> </ul>	• Rhyl

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Carol Thomas Care Companion	No	Tel: 07787842244 Email: ctcarolthomas1@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> </ul>	• Ruthin
Chloe Blunden KCR Care	No	Tel: 07805735803 Email: kcrcareltd@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Gardening</li> </ul>	<ul><li>St Asaph</li><li>Trefnant</li></ul>
Katy Walker CKJ Care	No	Tel: 07729000084 Email: <u>ckjcareltd1@gmail.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Dog walking</li> </ul>	<ul><li>St Asaph</li><li>Rhuddlan</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rob Jones Rob's Gardens	No	Tel: 07585707306 Email: Rob75robert@gmail.com	<ul><li>Older People</li><li>People with disabilities</li></ul>	<ul><li>Gardening</li><li>DIY</li></ul>	Across     Denbighshire
Jane Hughes Clwydian Care	Yes	Tel: 07944927099 Email: Ads931@btinternet.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Gardening</li> </ul>	St Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Andrew Nelson Nelson's Micro- Care	No	Tel: 07355689244 Email: andy@nelsonsmc.co.uk	<ul> <li>Older People</li> <li>People with disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Professional technology Services</li> <li>Personal care for young people</li> </ul>	• Prestatyn
L.E.A.H – Letting Everyone Access Help Leah Taylor	No	Tel: 07910060442 Email: <u>leahntaylor@icloud.com</u>	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> </ul>	Prestatyn

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Mandy's Homely Help Mandy Roberts	No	Tel: 07917318819 Email: mandyhomelyhelp@outlook.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Gardening</li> </ul>	St Asaph
Supportive Solutions Nicola Jooste	No	Tel: 07920054258 Email: nickywernbach@hotmail.co.uk	<ul> <li>Older People</li> <li>People with disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Personal care for young people</li> </ul>	St Asaph,     Bodelwyddan     and     surrounding     area

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	<ul><li>Older People</li><li>People with disabilities</li><li>Younger People</li></ul>	Cleaning	<ul><li>Denbigh</li><li>Bodfari</li></ul>
Mrs B's Home Help, Emily Boxall	No	Tel: 07380532958 Email: mrsbhomehelp@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Dog walking</li> <li>Gardening</li> </ul>	Corwen     Llandrillo and surrounding areas
Guardian Home Care, Dean Plant	No	Tel: 07748666426 Email: guardianhomecare23@yahoo.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Gardening</li> <li>DIY</li> <li>Cooking</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li><li>Dyserth</li><li>Denbigh</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
MKH Care, Mally Shonick	No	Tel: 07864385856 Email: mkhhomecare23@yahoo.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> </ul>	<ul><li>St Asaph</li><li>Denbigh</li></ul>
Peter Greulich, Safe Harbour Services	No	Tel: 07776257447 Email: p.greulich944@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> </ul>	• Denbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Natalie Shonick, Everyone Matters	No	Tel: 07542808569 Email: everyonematters23@yahoo.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Dyserth</li><li>Rhyl</li></ul>
Joanne Dixon, Breakthrough Health & Wellbeing Solutions		Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co. uk	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> <li>Personal Care</li> </ul>	Across     Denbighshire

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> </ul>	• Ruthin
Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086 Email: itive83@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Prestatyn area

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931 Email: <u>nerysj18@gmail.com</u>	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> <li>Gardening</li> </ul>	• Denbigh
Laura Jones, Independence	No	Tel: 07816250613 Email: independenceprivatecare@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Hairdressing</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Prestatyn and surrounding areas</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Shirley Taylor Private Care	No	Tel: 07873894277 Email: shirleytaylor0910@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Bodfari</li><li>Denbigh</li><li>Llandyrnog</li></ul>
Melissa Clark Care by Mel	No	Tel: 07515644831 Email: <u>melissa.jane1975@hotmail.com</u>	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Rhyl Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Evie Winley-Jones		Tel: 07399923954 Email: <u>e.caringtouch@gmail.com</u>	<ul><li>Older People</li><li>People with Disabilities</li></ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Denbigh area

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