

Micro-providers listing

This directory is designed to be used by people and their families who are looking for care and support, as well as health and social care professionals. It provides information about a range of individual micro-providers and the services they offer.

Denbighshire County Council has supported individuals to access a development programme to help them set up and manage their own services. This programme is intended to build skills and confidence in delivering support within the community. Participation in this programme does not constitute accreditation, approval or confirmation of legal or regulatory compliance.

All micro-providers listed have completed a self-declaration relating to aspects such as training and business arrangements. The Council undertakes basic checks such as DBS and insurance, however inclusion on the directory does not constitute confirmation of full legal or regulatory compliance.

It is important to be aware that inclusion on this directory does not mean that a micro-provider has been accredited, approved or endorsed by Denbighshire County Council. The Council does not recommend or match individuals to specific providers.

Micro-providers may share updates about their availability; however, this information is self-reported and may change. You should contact providers directly to confirm availability and suitability.

You will be purchasing services or support directly from the provider. It is your responsibility to ensure that the arrangement meets your needs and to understand any legal, tax or employment implications, including whether the arrangement is one of employment or self-employment.

It is strongly recommended that you speak to or meet providers before making any arrangements, to ensure they can deliver support in the way you want.

Denbighshire County Council cannot accept responsibility or liability for the information provided by any micro-provider on this list and cannot guarantee the quality, suitability or satisfaction of the services provided.

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Across Denbighshire	Toni Morgan-Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947; Email: consistencyofcare@gmail.com	People with dementia; older people	Live in care; personal care; respite care
Across Denbighshire	Dani Whines, Community Foot Care	No	Tel: 07530221122; Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments
Across Denbighshire	Joanne Dixon, Breakthrough Health & Wellbeing Solutions	No	Tel: 07731833011; Email: contact@breakthroughhealthsolutions.co.uk	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; gardening; trips out; personal care

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Across Denbighshire	Lisa Lee, The Rowan Tree	No	Tel: 07923 058292; Email: lisa@the-rowan-tree.co.uk	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Across Denbighshire	Rob Jones, Rob's Gardens	No	Tel: 07585707306; Email: Rob75robert@gmail.com	Older people; people with disabilities	Gardening; DIY

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Across Denbighshire	Sarah Edwards, Physiotherapy	No	Tel: 07590268955; Email: info@sarahedwardsphysio.co.uk	Older people	Assessment and treatment of falls (complex); preventing falls; rehabilitation after surgery; stroke rehabilitation; caring for chronic chest conditions
Bodfari	Ceris Davis, CD Help at Home	Yes	Tel: 07515909948; Email: Cdhelpathome@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Bodfari	Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	Older people; people with disabilities; younger people	Cleaning
Bodfari	Shirley Taylor Private Care	No	Tel: 07873894277; Email: shirleytaylor0910@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Bodelwyddan	Alice Parry, 2 Hearts Homecare	No	Tel: 07928932603; Email: 2HeartsHomecareRhyl@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Bodelwyddan	Guardian Home Care, Dean Plant	No	Tel: 07748666426; Email: guardianhomecare23@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; gardening; DIY; cooking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Bodelwyddan	MKH Care	No	Tel: 07864385856; Email: mkhhomecare23@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking
Bodelwyddan	Rebecca Hearson, Creative Wellness	No	Tel: 07595187647; Email: rebeccahearsen0@gmail.com	Older people; people with disabilities	Arts therapy; wellbeing practitioner; companionship

Micro-provider listing

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Bodelwyddan	Sarah Walton, Bridging Independence	No	Tel: 07774993834; Email: bridgingindependence@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Bodelwyddan	Supportive Solutions Nicola Jooste	No	Tel: 07920054258; Email: nickywernbach@hotmail.co.uk	Older people; people with disabilities; young people aged 14–18 years	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; personal care for young people

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Bodelwyddan	Stephen Johnson, Trusted Home Caring	No	Tel: 07947094261; Email: trustedhomecaring@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Bodelwyddan	Jane Farrell, Help at Home	No	Tel: 07710265693; Email: Janehelpathome26@aol.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Corwen	Carolyn Burkley, Tree Mend Us Care and Support	No	Tel: 07488586592; Email: c.a.burkey67@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Corwen	Della Black, Flourish Home Support	No	Tel: 07397266377; Email: dellasflourishathome@gmail.com	Older people; people with disabilities; young people	Support with meals; appointments; shopping; companionship; cooking; trips out; dog walking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Corwen	Emma Gray, TW Care	No	Tel: 07528672474; Email: twcorwen@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Corwen	Ffion White, Lles Clwyd Wellbeing	Yes	Tel: 0776995867; Email: ffijones@hotmail.com	Older people; people with disabilities; young people aged 14–18 years	Guided walks; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Corwen	Georgina Harding, Kind Hands Care	No	Tel: 07387003727; Email: Kindhandscare@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Corwen	Kevin Baugh	No	Tel: 07939715546; Email: kevin.baugh1@btinternet.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Corwen	Nicky Robinson, Nicky's Independent Living Service	No	Tel: 07702699153; Email: tonicky007@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Corwen	Nest Jones, Hand in Hand	Yes	Tel: 07917387620; Email: nest.jones@yahoo.co.uk	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Corwen	Tracey Joyce, TMC Caring for You	No	Tel: 07909009428; Email: Tmccaringforyou@gmail.com	Older people; people with disabilities; families	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Bedwyr Griffiths, Gofal Support	Yes	Tel: 07307383929; Email: ed321@btinternet.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Catherine Jones, Home Genie	No	Tel: 07842310935; Email: homegenie2024@outlook.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Ceris Davis, CD Help at Home	Yes	Tel: 07515909948; Email: Cdhelpathome@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Christine Thomas, Companion Care Denbigh	No	Tel: 07751310666; Email: christhomascat@tiscali.co.uk	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Clare Davies, Roots to Care	No specified	Tel: 07803243717; Email: rootstocarebyclare@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Della Black, Flourish Home Support	No	Tel: 07397266377; Email: dellasflourishathome@gmail.com	Older people; people with disabilities; young people	Support with meals; appointments; shopping; companionship; cooking; trips out; dog walking
Denbigh	Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566; Email: SIAHDENBIGHSHIRE@GMAIL.COM	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; gardening; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Jane Stockport, JS Home Support	No	Tel: 07905438643; Email: janestockport@yahoo.co.uk	Older people; people with disabilities	Medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Laura Burkhill, TLC Providers	No	Tel: 07985976092; Email: tlcprovider@yahoo.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Denbigh	Matthew Kerry, Inspirational Support	No	Tel: 07917632823; Email: mattykerry.1@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931; Email: nerysj18@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out; gardening

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Peter Greulich, Safe Harbour Services	No	Tel: 07776257447; Email: p.greulich944@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; gardening; trips out
Denbigh	Rebekah Woodcraft First Step Support	No	Tel: 07850217683	Older people; people with disabilities	Housework; cleaning; cooking; support with meals; trips out; shopping; companionship

Micro-provider listing

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Denbigh	Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736; Email: sarahcmorgan76@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out; gardening
Denbigh	Sarah Walton, Bridging Independence	No	Tel: 07774993834; Email: bridgingindependence@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Denbigh	Shirley Taylor Private Care	No	Tel: 07873894277; Email: shirleytaylor0910@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Denbigh	Tracey Griffiths, TMG	No	Tel: 07947172608; Email: tmg.communitycare@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Dyserth	Audrey Finnan, CarePlus Denbighshire	No	Tel: 07419120359; Email: audreycfinnan@aol.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Dyserth	Beverley Davenport, Bespoke Care by Bev	No	Tel: 07583264121; Email: casadavy@yahoo.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Dyserth	David Owen-Booth, HomeTech Wales	No	Tel: 07909225315; Email: info@hometech.wales	Older people	Professional technology services; property maintenance; DIY; bespoke design and joinery
Dyserth	Lisa Rahim, Grace and Harmony Care Services	No	Tel: 07800560207; Email: lisadean78@yahoo.co.uk	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Dyserth	Lorraine Robinson, Here to Help	No	Tel: 07387144730; Email: HeretoHelp24@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Dyserth	Michelle Maley, Mam Cares	No	Tel: 07789672188	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Dyserth	Rachel Lewis, Care with Love	No	Tel: 07710161923; Email: carewithlove2024@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Dyserth	Racel Lewis, Care with Love	No	Tel: 07710161923; Email: carewithlove2024@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

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Dyserth	Stephen Johnson, Trusted Home Caring	No	Tel: 07947094261; Email: trustedhomecaring@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Dyserth	Amanda Rafferty, A R Care Services	No	Tel: 07910804553; Email: a.rafferty@mail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Dyserth	Clare Butters, Support Companion Services	No	Tel: 07305658630; Email: crbutters@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Henllan	Clare Davies, Roots to Care	No specified	Tel: 07803243717; Email: rootstocarebyclare@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Henllan	Della Black, Flourish Home Support	No	Tel: 07397266377; Email: dellasflourishathome@gmail.com	Older people; people with disabilities; young people	Support with meals; appointments; shopping; companionship; cooking; trips out; dog walking
Llandegla	Debbie Ditchfield, DBD Homecare	No	Tel: 07354142277; Email: debbi68d@icloud.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Llandegla	Katy Roberts, Private Carer	No	Tel: 07591970394; Email: katyrobertspc@gmail.com	Older people; people with disabilities	Personal care; support with meals; housework; shopping; appointments; companionship
Llandegla	Tracey Joyce, TMC Caring for You	No	Tel: 07909009428; Email: Tmccaringforyou@gmail.com	Older people; people with disabilities; families	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Llandrillo	Clare Davies, Roots to Care	No specified	Tel: 07803243717; Email: rootstocarebyclare@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llandrillo	Emma Gray, TW Care	No	Tel: 07528672474; Email: twcorwen@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Llandrillo	Georgina Harding, Kind Hands Care	No	Tel: 07387003727; Email: Kindhandscare@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llandrillo	Nicky Robinson, Nicky's Independent Living Service	No	Tel: 07702699153; Email: tonicky007@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Llandyrnog	Shirley Taylor Private Care	No	Tel: 07873894277; Email: shirleytaylor0910@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llanarmon- yn-lal	Katy Roberts, Private Carer	No	Tel: 07591970394; Email: katyrobertspc@gmail.com	Older people; people with disabilities	Personal care; support with meals; housework; shopping; appointments; companionship

Micro-provider listing

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Llanarmon-yn-Ial	Tracey Joyce, TMC Caring for You	No	Tel: 07909009428; Email: Tmccaringforyou@gmail.com	Older people; people with disabilities; families	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llangollen	Amber Harrison, Follow Your True Path	No	Tel: 07904164844; Email: hello@followyourtruepath.com	Older people; carers of older people	Support mental wellbeing through building self-confidence and independence

Micro-provider listing

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Llangollen	Carolyn Burkley, Tree Mend Us Care and Support	No	Tel: 07488586592; Email: c.a.burkey67@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llangollen	Carter's (NW) CiC	No	Tel: 07304 361 833; Email: Carters.cic@outlook.com ; Website: www.carters-cic.co.uk	Older people; people with disabilities	Counselling; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Llangollen	Emily, Artful Nature	No	Email: artfulnaturenorthwales@gmail.com ; Website: Artful Nature	Older people; people with disabilities	Guided walks; movement and well-being; creative arts; yoga
Llangollen	Georgina Harding, Kind Hands Care	No	Tel: 07387003727; Email: Kindhandscare@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Llangollen	Katy Roberts, Private Carer	No	Tel: 07591970394; Email: katyrobertyspc@gmail.com	Older people; people with disabilities	Personal care; support with meals; housework; shopping; appointments; companionship
Llangollen	Kevin Baugh	No	Tel: 07939715546; Email: kevin.baugh1@btinternet.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Llangollen	Nicky Robinson, Nicky's Independent Living Service	No	Tel: 07702699153; Email: tonicky007@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Llangollen	Sian Cryer, Blue Orchid Care	No	Tel: 07526921956; Email: blue-orchid-care@outlook.com	Older people; people with disabilities	Personal care; housework; medication prompting; shopping; cleaning; support with meals

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Llangollen	Tracey Joyce, TMC Caring for You	No	Tel: 07909009428; Email: Tmccaringforyou@gmail.com	Older people; people with disabilities; families	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Meliden	Debra Hughes, Count on a Smile	No	Tel: 07521843812; Email: countonasmile@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Meliden	Jenny Hughes, Kind Hands	No	Tel: 07513057243; Email: kindhandsprivatecare@outlook.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; dog walking; short guided walks; trips out; hobbies
Meliden	Pepita Cretney, Pep's Microcare	No	Tel: 07979101307; Email: pepicretney@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Meliden	Rachel Lewis, Care with Love	No	Tel: 07710161923; Email: carewithlove2024@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Amanda Rafferty, A R Care Services	No	Tel: 07910804553; Email: a.rafferty@mail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Prestatyn	Andrew Nelson, Nelson's Micro-Care	No	Tel: 07355689244; Email: andy@nelsonsmc.co.uk	Older people; people with disabilities; young people aged 14–18 years	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; professional technology services; personal care for young people
Prestatyn	Audrey Finnan, CarePlus Denbighshire	No	Tel: 07419120359; Email: audreycfinnan@aol.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Prestatyn	Beverley Davenport, Bespoke Care by Bev	No	Tel: 07583264121; Email: casadavy@yahoo.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Clare Butters, Support Companion Services	No	Tel: 07305658630; Email: crbutters@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Prestatyn	Debra Hughes, Count on a Smile	No	Tel: 07521843812; Email: countonasmile@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Eleri Hughes, EverKindCare	Yes	Tel: 07956608124; Email: eleri119@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Prestatyn	Gale Ward, Gale's Home Help	No	Tel: 07553190377; Email: gale2727@outlook.com	Older people	Housework; cleaning; cooking; shopping; respite care
Prestatyn	Guardian Home Care, Dean Plant	No	Tel: 07748666426; Email: guardianhomecare23@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; gardening; DIY; cooking

Micro-provider listing

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Prestatyn	Jane Farrell, Help at Home	No	Tel: 07710265693; Email: Janehelpathome26@aol.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Jenny Hughes, Kind Hands	No	Tel: 07513057243; Email: kindhandsprivatecare@outlook.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; dog walking; short guided walks; trips out; hobbies

Micro-provider listing

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Prestatyn	Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086; Email: itive83@gmail.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Karen Hanna, Caring Kind	No	Tel: 07825819789; Email: karenl.hanna@btinternet.com	Older people; people with disabilities; young people aged 14–18 years	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Prestatyn	Kath Kirwin, Rural Homecare	No	Tel: 07985273002; Email: kathkirwin@btinternet.com	Older people	Personal care; housework; shopping; appointments
Prestatyn	Laura Jones, Independence	No	Tel: 07816250613; Email: independenceprivatecare@gmail.com	Older people; people with disabilities	Hairdressing; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

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Prestatyn	Lorraine Robinson, Here to Help	No	Tel: 07387144730; Email: HeretoHelp24@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	MKH Care	No	Tel: 07864385856; Email: mkhhomecare23@yahoo.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Prestatyn	Melissa Clark, Care by Mel	No	Tel: 07515644831; Email: melissa.jane1975@hotmail.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Nathan Jones, Your Time Support Services	Yes	Tel: 07552252438; Email: nawrian@icloud.com	Older people; people with disabilities	Support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Prestatyn	Pepita Cretney, Pep's Microcare	No	Tel: 07979101307; Email: pepicretney@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Rachel Lewis Care with Love	No	Tel: 07710161923; Email: carewithlove2024@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Prestatyn	Rebecca Robinson, Companara	No	Tel: 07729460430; Email: companara@protonmail.com	Older people; people with disabilities; people with dementia	Support with meals; appointments; shopping; companionship; cooking; trips out; advocacy; dog walking
Prestatyn	Sarah Douglas, Premier Cleans & Private Carer	No	Tel: 07955591435; Email: premiercleans@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Prestatyn	Stephen Johnson, Trusted Home Caring	No	Tel: 07947094261; Email: trustedhomecaring@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Prestatyn	Supportive Solutions Nicola Jooste	No	Tel: 07920054258; Email: nickywernbach@hotmail.co.uk	Older people; people with disabilities; young people aged 14–18 years	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; personal care for young people
Prestatyn	Tracey English, Toe-tal Foot Health	No	Tel: 07717569442; Email: getracey65@gmail.com	Adults with foot care needs	Foot care treatments

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Alice Parry, 2 Hearts Homecare	No	Tel: 07928932603; Email: 2HeartsHomecareRhyl@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Beverley Davenport, Bespoke Care by Bev	No	Tel: 07583264121; Email: casadavy@yahoo.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Caroline Maddocks, Caroline's Care Solutions	No	Tel: 07590584641; Email: callymaddocks1@hotmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Carol Thomas, Care Companion	No	Tel: 07787842244; Email: ctcarolthomas1@gmail.com	Older people; people with disabilities	Housework; shopping; trips out; companionship; cleaning; cooking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Clare Butters, Support Companion Services	No	Tel: 07305658630; Email: crbutters@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Debra Hughes, Count on a Smile	No	Tel: 07521843812; Email: countonasmile@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Eleri Hughes, EverKindCare	Yes	Tel: 07956608124; Email: eleri119@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Heather Fairs, Happy to Help	No	Tel: 07941915223; Email: heather.fairs@sky.com	Older people; carers of older people	Housework; cleaning; shopping; errands; companionship; gardening

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	John Worthington, Mr Shine	No	Tel: 07876251987; Email: mrshine1926@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Julie Evans, Julie home care	No	Tel: 07493213374	Older people	Shopping; dog walking; cleaning; companionship; appointments; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Laura Jones, Independence	No	Tel: 07816250613; Email: independenceprivatecare@gmail.com	Older people; people with disabilities	Hairdressing; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Lorraine Robinson, Here to Help	No	Tel: 07387144730; Email: HeretoHelp24@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Michelle Maley, Mam Cares	No	Tel: 07789672188	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Melissa Clark, Care by Mel	No	Tel: 07515644831; Email: melissa.jane1975@hotmail.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Rachel Lewis, Care with Love	No	Tel: 07710161923; Email: carewithlove2024@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Rebecca Robinson, Companara	No	Tel: 07729460430; Email: companara@protonmail.com	Older people; people with disabilities; people with dementia	Support with meals; appointments; shopping; companionship; cooking; trips out; advocacy; dog walking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Rowena Lloyd-Thomas, The Caring Kind Home Help	No	Tel: 07887361021; Email: thecaringkind2u@gmail.com	Older people	Housework; laundry; shopping; companionship; errands
Rhyl	Sarah Douglas, Premier Cleans & Private Carer	No	Tel: 07955591435; Email: premiercleans@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Simone & Joanne, Elsie-Jane's Home Support	No	Tel: 07417453591; Email: Elsie-jane2025@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhyl	Stephen Johnson, Trusted Home Caring	No	Tel: 07947094261; Email: trustedhomecaring@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Stephanie Wong, Steph's Helping Hands	No	Tel: 07888653869	Older people; people with disabilities	Housework; shopping; trips out; companionship; cleaning; cooking
Rhyl	Tracey Griffiths, TMG	No	Tel: 07947172608; Email: tmg.communitycare@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhyl	Clare Davies, Roots to Care	No specified	Tel: 07803243717; Email: rootstocarebyclare@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Alice Parry, 2 Hearts Homecare	No	Tel: 07928932603; Email: 2HeartsHomecareRhyl@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Beverley Davenport, Bespoke Care by Bev	No	Tel: 07583264121; Email: casadavy@yahoo.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Caroline Maddocks, Caroline's Care Solutions	No	Tel: 07590584641; Email: callymaddocks1@hotmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Chris Salter, Salter's Micro-care	No	Tel: 07716164087; Email: saltersmicrocare@yahoo.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Debra Hughes, Count on a Smile	No	Tel: 07521843812; Email: countonasmile@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Jeremy Clifton, JC&H Services Ltd	No	Tel: 07301108700; Email: jezz1234@aol.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Katy Walker, CKJ Care	No	Tel: 07729000084; Email: ckjcareltd1@gmail.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; dog walking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Lisa Rahim, Grace and Harmony Care Services	No	Tel: 07800560207; Email: lisadean78@yahoo.co.uk	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Lorraine Robinson, Here to Help	No	Tel: 07387144730; Email: HeretoHelp24@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Michelle Maley, Mam Cares	No	Tel: 07789672188	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	John Worthington, Mr Shine	No	Tel: 07876251987; Email: mrshine1926@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Sarah Douglas, Premier Cleans & Private Carer	No	Tel: 07955591435; Email: premiercleans@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Stephen Johnson, Trusted Home Caring	No	Tel: 07947094261; Email: trustedhomecaring@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Alice Parry, 2 Hearts Homecare	No	Tel: 07928932603; Email: 2HeartsHomecareRhyl@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Rhuddlan	Clare Butters, Support Companion Services	No	Tel: 07305658630; Email: crbutters@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Rhuddlan	Rebecca Robinson, Companara	No	Tel: 07729460430; Email: companara@protonmail.com	Older people; people with disabilities; people with dementia	Support with meals; appointments; shopping; companionship; cooking; trips out; advocacy; dog walking
Ruthin	Alison Doring, A1 Helping Hands	No	Tel: 07549149728; Email: doringalison01@googlEmail.com	Older people; people with disabilities	Personal care; housework; shopping; appointments; companionship; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Bedwyr Griffiths, Gofal Support	Yes	Tel: 07307383929; Email: ed321@btinternet.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Ruthin	Caroline Maddocks, Caroline's Care Solutions	No	Tel: 07590584641; Email: callymaddocks1@hotmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Carol Thomas, Care Companion	No	Tel: 07787842244; Email: ctcarolthomas1@gmail.com	Older people; people with disabilities	Housework; shopping; trips out; companionship; cleaning; cooking
Ruthin	Christie Evans, Indigo Care	No	Tel: 07787757879; Email: indigocare22@gmail.com	Older people; people with disabilities	Personal care; housework; support with meals; trips out
Ruthin	Clare Davies, Roots to Care	No specified	Tel: 07803243717; Email: rootstocarebyclare@gmail.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Debra Hughes, Count on a Smile	No	Tel: 07521843812; Email: countonasmile@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Ruthin	Della Black, Flourish Home Support	No	Tel: 07397266377; Email: dellasflourishathome@gmail.com	Older people; people with disabilities; young people	Support with meals; appointments; shopping; companionship; cooking; trips out; dog walking

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Emma Gray, TW Care	No	Tel: 07528672474; Email: twcorwen@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Ruthin	Eleri Hughes, EverKindCare	Yes	Tel: 07956608124; Email: eleri119@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566; Email: SIAHDENBIGHSHIRE@GMAIL.COM	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship; cooking; gardening; trips out
Ruthin	Jane Stockport, JS Home Support	No	Tel: 07905438643; Email: janestockport@yahoo.co.uk	Older people; people with disabilities	Medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Lisa, Care Mate	No	Tel: 07717873202; Email: lisaloxbox@gmail.com	Older people	Personal care; housework; shopping; appointments; companionship; respite care
Ruthin	Laura Burkhill, TLC Providers	No	Tel: 07985976092; Email: tlcprovider@yahoo.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Lorna Jones, LMJ Care & Support	No	Tel: 07795577826; Email: lornaloopygirl42@gmail.com	Older people	Personal care; housework; shopping; appointments; companionship; trips out
Ruthin	Matthew Kerry, Inspirational Support	No	Tel: 07917632823; Email: mattykerry.1@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931; Email: nerysj18@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out; gardening
Ruthin	Rachel Ryland, RRR Support	No	Tel: 07777495272; Email: RRRuthin@gmail.com	Older people; people with disabilities	Cleaning; medication prompting; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Ruth Bell, Peace of Mind	Yes	Tel: 07872335676; Email: harls118@aol.com	Older people	Respite care; companionship; shopping
Ruthin	Ruth Jones, Home from Home	No	Tel: 07766202691; Email: ruthy.jones@btinternet.com	Older people	Cooking; dog walking; cleaning; companionship; trips out
Ruthin	Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736; Email: sarahcmorgan76@outlook.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out; gardening

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Sarah Walton, Bridging Independence	No	Tel: 07774993834; Email: bridgingindependence@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
Ruthin	Tracy Fletcher, ICare	No	Tel: 07732915713; Email: nanny1962@icloud.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Ruthin	Tracey Griffiths, TMG	No	Tel: 07947172608; Email: tmg.communitycare@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
St Asaph	Bedwyr Griffiths, Gofal Support	Yes	Tel: 07307383929; Email: ed321@btinternet.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Ffion White, Lles Clwyd Wellbeing	Yes	Tel: 0776995867; Email: ffijones@hotmail.com	Older people; people with disabilities; young people aged 14–18 years	Guided walks; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
St Asaph	Jane Farrell, Help at Home	No	Tel: 07710265693; Email: Janehelppathome26@aol.com	Older people; people with disabilities; families	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Jane Hughes, Clwydian Care	Yes	Tel: 07944927099; Email: Ads931@btinternet.com	Older people; people with disabilities	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; gardening
St Asaph	Julie Evans, Julie home care	No	Tel: 07493213374	Older people	Shopping; dog walking; cleaning; companionship; appointments; trips out
St Asaph	Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475; Email: kaz.siglen@gmail.com	Older people	Housework; support with meals; shopping; appointments; trips out; support with correspondence

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Laura Jones, Independence	No	Tel: 07816250613; Email: independenceprivatecare@gmail.com	Older people; people with disabilities	Hairdressing; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
St Asaph	Mandy's Homely Help, Mandy Roberts	No	Tel: 07917318819; Email: mandyhomelyhelp@outlook.com	Older people; people with disabilities	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; gardening

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Manon Edwards, Help Llaw	Yes	Tel: 07584304621; Email: helpllaw@outlook.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
St Asaph	Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931; Email: nerysj18@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out; gardening

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Sarah Douglas, Premier Cleans & Private Carer	No	Tel: 07955591435; Email: premiercleans@hotmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out
St Asaph	Sue Parry, Serene Support	No	Tel: 07818411094; Email: Sue.parry@icloud.com	Older people; people with disabilities	Personal care; cleaning; support with meals; appointments; shopping; companionship

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
St Asaph	Supportive Solutions Nicola Jooste	No	Tel: 07920054258; Email: nickywernbach@hotmail.co.uk	Older people; people with disabilities; young people aged 14–18 years	Housework; shopping; trips out; companionship; cleaning; cooking; dog walking; personal care for young people
St Asaph	Tracey Griffiths, TMG	No	Tel: 07947172608; Email: tmg.communitycare@gmail.com	Older people; people with disabilities	Personal care; medication prompting; cleaning; support with meals; appointments; shopping; companionship; cooking; trips out

Micro-provider listing

Area	Micro-provider	Welsh speaking?	Contact information	People supported	Service offered
Trefnant	Ceris Davis, CD Help at Home	Yes	Tel: 07515909948; Email: Cdhelpathome@gmail.com	Older people; people with disabilities	Cleaning; support with meals; appointments; shopping; companionship; cooking; trips out