

BENEFIT SUPPORT

❖ **Benefits Advice Shop Rhyl**

- Monday, Wednesday and Thursday: 9.30am-2pm
- Centre is closed but staff are still providing FREE benefit advice over the phone and email
- info@bashop.tv // 01745 345145

❖ **Foryd Centre**

- Princes Street, Rhyl, LL18 1LS
- Offering help with navigating benefits through these confusing times
- Via: Skype, Phone, Email, Facebook
- Any forms/paperwork can be dropped through letter box
- Monday-Friday: 9am-4pm
- Alexbowen.foryd@gmail.com // 01745 339779 // Skype- The Foryd Centre // Facebook.com/forydcentre