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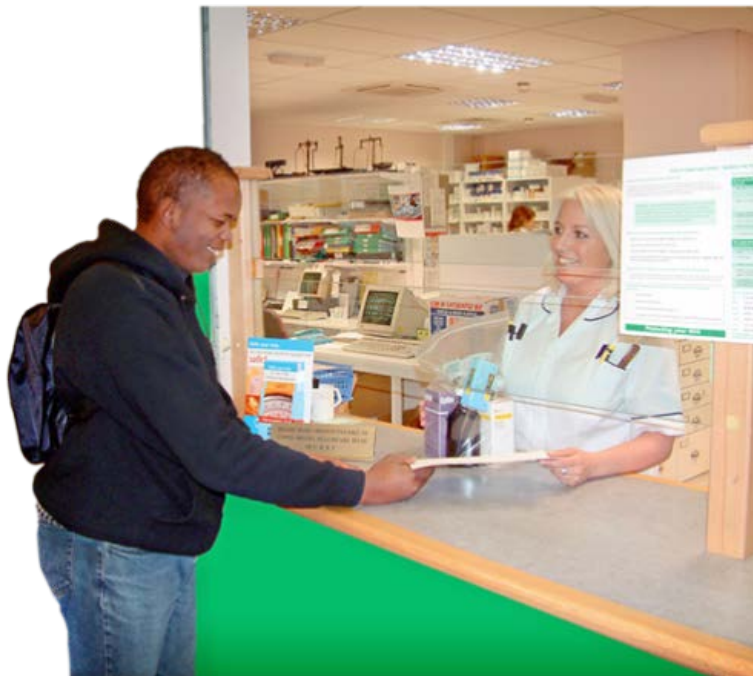


Llywodraeth Cymru
Welsh Government

Coronavirus (COVID-19)

5 ways you can help your pharmacy

This is an **easy read** document from the
Welsh Government



COVID-19 is a new illness. Lots of people call it Coronavirus.
It can affect your lungs and your breathing.



1. Do **not** visit a pharmacy if you or someone you live with has a temperature or a new cough.



2. Order your prescriptions **7 days** before you need them to give the pharmacy time to help everyone.



3. Put your phone number on your prescription.
 - The pharmacy will phone you when your prescription is ready to pick up.
 - Wait for the pharmacy to call you.
 - Do not call the pharmacy unless it is very urgent.



4. If you are staying at home because you have a new cough or temperature:
 - get friends or family to pick up your prescriptions or
 - speak to your community pharmacy to see if they can help.



5. If you are not ill, offer to pick up prescriptions for any friends and family who are ill.



- You will need their name and address to be able to pick up their prescription.



The staff in our pharmacies are working very hard to help people get the medicine they need.

By following these 5 simple steps you can help them to do their job.



Thank you

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