

A phone call can make all the difference!



Gofal a Thrwsio Conwy a Sir Ddinbych
Conwy & Denbighshire Care & Repair

**“Keeping in Touch”
Telephone Support Service**

In response to the Coronavirus outbreak we are offering a telephone befriending and advice service to older people who are self-isolating.

We want to help as many older people to get the help and support they need during this difficult time by “keeping in touch” and offering advice over the telephone to help you keep well, feel less isolated and more connected to your community.

If you don't have any family or neighbourhood support or know another older person who could benefit from a “keeping in touch” telephone call, contact Conwy & Denbighshire Care and Repair on



Tel: 0300 111 2120